I seek refuge in Allah from Satan, the accursed:

O you who believe! Fasting has been prescribed for you as it was for those before you, that you may attain Taqwa. [They are] prescribed number of days."

All praise be to Allah, may good, pure and blessed praises. I bear witness that there is none worthy of worship but Allah, alone, without partner, and I bear witness that Muhammad is His slave and Messenger.

Our Great and Almighty Lord said, clarifying to us the truthfulness of the slave's love, and how a human can know whether he truly loves his Lord Most High, and that he loves his Prophet (sallallahu alaihi wa sallam), Allah Most High says:

"Say: If ye do love Allah, then follow me: Allah will love you and forgive you your sins.

Allah will love you. So in this lesson, we will talk about observation of the Sunnahs of the Prophet, daily Sunnahs. There are a many daily Sunnahs, and you find a lot of people neglecting them. There is no doubt that among the reasons why Allah Most High loves his servant is because he follows the Messenger (sallallahu alaihi wa sallam). Your status with Allah is according to your application of these Sunnahs. The more you practice these Sunnahs, the higher your status is with Allah Most High, and the more your status rises with Allah Most High. There are, for example, Sunnahs of the limbs, and there are Sunnahs of the tongue. So imagine... if from the time a person wakes up till the time he goes to sleep, he trains himself to practice these Sunnahs, his entire life would be in accordance with the Sunnah of the Messenger of Allah (sallallahu alaihi wa sallam).

Let us take, for example, the Sunnah of the Miswak. Before this I say, that it is strange that some people... I say that it is strange that there are some people, Subhanallah, if it is said to them, whoever practices a certain Sunnah, we will give him a sum of money, you will find everybody making sure to practice this Sunnah in their lives. Why? Because wealth, dirhams and dinars are very important to them, but the value of rewards... there is no might nor power save from Allah! There are, for example, the Sunnah of Siwak... how many times should a Muslim use the Miswak a day? Not less than twenty times. The Prophet (sallallahu alaihi wa sallam) said: "Were it not that we would burden our Ummah, I would order them to use Miswak before every prayer," and in another narration, "before every wudoo." Whenever the Messenger (sallallahu alaihi wa sallam) entered his home, he first would use the Miswak, as in the Hadith from Sahih Muslim narrated by Aisha (radi Allahu anha). Imagine, you you have five prayers, this is five times you will use the Miswak. You also have the Sunnah prayers. That's six, which makes eleven. Also, a person enters his home day and night... anytime he returns home from praying the obligatory prayer in the mosque, he will enter his house, about four or five times. In a day and night, thats no less than... also, the
first thing he does after waking up is that he uses the Miswak. When the Messenger (sallallahu alaihi wa sallam) used to wake up in the night, he would clean his teeth with the Miswak. Another neglected daily Sunnah is that dealing with wearing shoes. You find that many people put them on starting with the left and take them off starting with the right, even though the Sunnah of the Messenger (sallallahu alaihi wa sallam) is that he would wear his shoes starting with his right and take them starting with his left. Think how many times a day people wear their slippers, to go to the bathroom, to go outside, to the mosque, when they exit the mosque, or on other occasions. This Sunnah reoccurs often. So every time he applies this Sunnah, that is he wears them starting with the right and takes them off starting with his left, his activity, his inactivity, and his actions will all be in accordance with the Sunnah of the Messenger of Allah (sallallahu alaihi wa sallam). So he earns reward even when wearing his shoes and taking them off. You will be rewarded, and good deeds will be written in your account. Also, when one goes to the bathroom, he says, "0 Allah I seek refuge with you from from the male and female evil jinns," and enters with his left foot first, and leaves with his right foot first, and he says, "Your forgiveness!"

Let's look at the Sunnahs before sleeping. How many Sunnahs are there before sleeping? There are many Sunnahs before sleeping. From them is that a person sleeps in a state of purity. That's one. That he sleeps on his right side, that he reads Ayat al-Kursi, that he recites the Surah al-Kafirun and the last two verses from Surat al-Baqarah. He reads the Surah Al-Falaq and Surah An-Nas (The Mu‘awidhatain), wiping with his hands whatever he can reach of this body after reciting into them, and many other well-known Sunnahs found in the books of hadeeth. There are Sunnahs dealing with eating as well. One starts by saying Bismillah, and says Alhamdulillah when finished, eating with one's right hand, and other... and when some food drops, he cleans it and eats it. This is the Sunnah of the Messenger (sallallahu alaihi wa sallam). When he meets people, the first thing he does is greet with with Salam. He says, "Asalamu alaikum wa Rahmatullahi wa Barakatuh." Also, that he shakes their hands, since that is a Sunnah and sins are removed due to it, and that he smiles at them, since smiling is a Sunnah and praiseworthy, as well as the many other daily Sunnahs. Not to mention the Duha prayer, the Sunnah prayed along with the obligatory ones, and the night prayer. There are many Sunnahs, both of the tongue and the limbs, in the prayer, be it during an obligatory or optional prayer, which need more time to be explained than we have here.

But we have summarized, and we sought to shed some light on the fact that the Muslim must pay attention in his daily life to the Sunnahs of the Messenger (sallallahu alaihi wa sallam). If this proves something, it is his true love of the Messenger (sallallahu alaihi wa sallam). The Messenger (sallallahu alaihi wa sallam) said: "All my Ummah will enter paradise except for those who refuse." The companions were perplexed how any reasonable person would refuse to go to paradise. The Prophet (sallallahu alaihi wa sallam) said: "Whoever obeys me enters paradise, and whoever disobeys me has refused."

We ask Allah, the Generous, the Lord of the Magnificent Throne to make us among those who obey the Messenger of Allah (sallallahu alaihi wa sallam). And our final prayer is that all praise is for Allah, the Lord of all that exists.

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