Ramadan Lesson 10: Supplications

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(May Allah protect him)

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I seek refuge in Allah from Satan, the accursed:
0 you who believe! Fasting has been prescribed for you as it was for those before you, that you may attain Taqwa. [They are] prescribed number of days."

If we were to ponder the life of our Messenger (t), we would find the most wondrous of things in it.

We would find that the Prophet () from morning to night, his heart, his thoughts, his thinking, his feelings and his sentiments were all about his Lord Most High.

The Prophet (*) did not have any free time in his daily life, contrary to many people. For this reason, we find that the Messenger of Allah () legislated supplications for us to recite at morning and night. Whoever applies and implements these prayers in his life will find strength, steadfastness and motivation. Thus, we find that the Messenger (), for example, legislated invocations before sleeping, when waking up, before eating, after eating, before entering the house, after leaving the house, before entering the mosque, after exiting the mosque, before entering the washroom, and after exiting the washroom. The life of the Muslim is filled with invocations, even in times of distress and calamity... imagine... even when fulfilling one's desires! Subhanallah!

Desires... but despite this, the Messenger () trained us... trained the Ummah... that they should alway be thinking of Allah Most High. Even when fulfilling one's desires. Thus, we find that that the Prophet () legislated the prayer when a person seeks to have marital relations with his wife... what should he say? He () said, "If one of you seeks to approach his wife - in other words conjugal relations - and says Bismillah," which is said to seek Allah's help, and placing trust in Him, "Bismillah. 0 Allah, keep Satan away from us, and keep him away from what you grant us (of children)." A prayer. Even before a person fulfills his desires! How great is Islam indeed! It connects you with your Lord Most High even when you fulfill your desires!

Whoever says this prayer, the Prophet () said, "If they are decreed with a child," meaning if Allah Most High has written that you bear a child, the Prophet (*) said, "Satan shall not harm him nor control him."

Even in times of distress, the Prophet (*) taught us the prayer, "0 Allah, indeed I am Your slave..." When a person feels some distress or pain, he does not go any kill himself like people in the West! No! During some misfortune or distress, a person is to turn to whom? He is to turn to one who can relieve hardship. Who is the one who relieve hardship? Indeed it is our Lord Most High, the Most Beneficent, the Most Merciful.

The Messenger (i) taught us this prayer, "0 Allah, indeed I am Your slave, the son of your bondsman, the son of your bondswoman. You control all my affairs. What you will comes to pass..." the well-known and famous prayer. Thus I advise that a Muslim always keeps in his
pocket, or his car, office, or bedroom the booklet, small in size but great in benefit, called, "Hisn-ul-Muslim". This booklet contains many prayers of the Messenger ()

If you are struck with some misfortune, the Prophet () taught you a prayer, in the hadeeth, "No Muslim slave is struck with a misfortune except..." any misfortune, large or small, a car accident, illness, a social problem, an individual problem, an economic problem... any misfortune which strikes you, any misfortune, large or small, you should say this prayer. You should say, the Prophet () said,"No Muslim slave is struck with a misfortune and then says, 'Indeed we belong to Allah, and to Him we return. O Allah! Reward me for this misfortune and exchange it with something better,' except that Allah replaces it with something better." Whose words are these? These are the words of the Truthful and Trusted (*).

I say my dear brothers, the Prophet () trained the Muslims to always think about their Lord Most High. Why? What is the benefit? What is the result? The result and benefit is that if a person is always thinking about His Lord Most High, the devils, both human and jinn, have no power over this person. Allah Most High said:
No authority has he over those who believe and put their trust in their Lord.

"His authority is only,"
...meaning the influence and control of Satan, is over whom?

His authority is over those only, who take him as patron and who join partners with Allah. And Allah Most High says:
And whoever puts his trust in Allah, He is sufficient for him.

Meaning He will suffice him. So the benefits when a person always recites the supplications of dawn, the supplications of dusk, before sleeping, and all other situations, even when he goes somewhere for example, camping, to the beach, you travel for example and you stay at a hotel, or on the highway and you wish to rest or sleep, or you want to visit someone, the Prophet () has taught you prayers you can recite. He (*) said, "Whoever stops somewhere," anywhere you stop, "and says, 'I seek refuge in the Perfect Words of Allah,' nothing will harm him as long as he is there." Subhanallah! Some scholars even said that if you are on a plane and you land anywhere, this is general, you should say this prayer. Women are also in particular need of this prayer, for example, when visiting each other, especially at special occasions and parties, because many times you find people who harbor feelings of envy and hatred and the evil eye. A person fortifies himself with these Prophetic supplications.

I ask Allah the Magnificent, Lord of the Noble Throne, that He guides us and you to what He loves and is pleased with. My Peace and Blessings be upon our Prophet Muhammad, and upon all his family and companions.

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